

Recommended Low-Water Bee Plants for the Sacramento Region

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Plant and approximate bloom period ¹	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Germander (<i>Teucrium fruticans</i>)	N	x	x	x							x	x
Rosemary (<i>Rosmarinus officinalis</i>) ²	N	x	x	x							x	x
Manzanita (<i>Arctostaphylos</i> spp.)* ²	N	x	x									x
California poppy (<i>Eschscholzia californica</i>)*	P	x	x	x	x							
Ceanothus (<i>Ceanothus</i> spp.)* ²	P	x	x	x	x	x	x					
Redbud (<i>Cercis occidentalis</i>)* ³	N		x									
Native sages (<i>Salvia brandegeei</i> , <i>S. clevelandii</i> , <i>S. sonomensis</i> and their crosses)*	N		x	x	x	x						
Lavender (<i>Lavandula</i> spp.) ²	N		x	x	x	x	x	x	x			
Mallow (<i>Malacothamnus</i> and <i>Sphaeralcea</i> spp.)*	NP		x	x	x	x	x	x	x			
Catmint hybrids (<i>Nepeta x faassenii</i> cultivars)	N		x	x	x	x	x	x	x	x		
Cape balsam (<i>Bulbine frutescens</i>)	NP		x	x	x	x	x	x	x	x	x	
Foothill penstemon (<i>Penstemon heterophyllus</i>)*	NP			x	x	x						
Autumn sage, little-leaved sage, and their hybrids (<i>Salvia greggii</i> , <i>Salvia microphylla</i> , <i>Salvia x jamensis</i>) ²	N			x	x	x	x	x	x	x		
Santa Barbara daisy (<i>Erigeron karvinskianus</i>)	NP			x	x	x	x		x	x	x	
Blanketflower (<i>Gaillardia x grandiflora</i>)	NP			x	x	x	x	x	x	x	x	
Gaura (<i>Gaura lindeimerii</i>)	N				x	x	x	x	x	x		
Cedros Island verbena (<i>Verbena lilacina</i> 'De La Mina')*	N				x	x	x	x	x			
Toyon (<i>Heteromeles arbutifolia</i>)*	NP					x						
Calamint (<i>Calamintha nepetoides</i>)	N					x	x	x	x			
Wall germander (<i>Teucrium chamaedrys</i>)	N					x	x	x	x	x		
California buckwheat (<i>Eriogonum fasciculatum</i>)*	N						x	x	x	x		
Russian sage (<i>Perovskia atriplicifolia</i>) ²	N						x	x	x	x		
California fuchsia (<i>Epilobium canum</i>)* ²	N						x	x	x	x	x	
Sedum 'Autumn Joy' (<i>Hylotelephium telephium x spectabile</i>)	N								x	x	x	
California aster (<i>Symphotrichum chilense</i>)	NP								x	x	x	

*=California native ¹N=nectar source; P=pollen source

³Foliage used by leafcutter bees for nesting material

²Many cultivars available; all used by bees

⁴Gummy sap a potential source of propolis.